

# C.O.O.L. NEWS

## Our Lady of the Miraculous Medal Monthly Newsletter



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**Celebrate the Gospel of Life**

O Mary,  
 bright dawn of the new world,  
 Mother of the living,  
 to you do we entrust the cause of life:  
 Look down, O Mother,  
 upon the vast numbers  
 of babies not allowed to be born,  
 of the poor whose lives are made difficult,  
 of men and women  
 who are victims of brutal violence,  
 of the elderly and the sick killed  
 by indifference or out of misguided mercy.  
 Grant that all who believe in your Son  
 may proclaim *the Gospel of life*  
 with honesty and love  
 to the people of our time.  
 Obtain for them the grace  
 to accept that *Gospel*  
 as a gift ever new,  
 the joy of celebrating it with gratitude  
 throughout their lives  
 and the courage to bear witness to it  
 resolutely, in order to build,  
 together with all people of good will,  
 the civilization of truth and love,  
 to the praise and glory of God,  
 the Creator and lover of life.

*Joannes Paulus M. I.*  
 — *Evangelium Vitae*

PRAYER FOR THE LEGAL PROTECTION OF UNBORN CHILDREN

Submitted by Mary Bishel

*On behalf of the staff at Church Of Our Lady, I wish everyone a very Blessed and Happy New Year!*

*Fr. James Coleman*

**First Friday  
Adoration**

**January 7, 2022**

**From 9:45 til Noon**

**Weekly  
Adoration of the  
Blessed Sacrament  
on Friday's from  
9:45am to 10:30am**



**PRAY TO PROTECT HUMAN LIFE!**

**JANUARY - 19 thru 27, 2022**

*9 Days for Life* is the Novena for the Protection of Human Life. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life. Go to:



[www.respectlife.org/9-days-for-life](http://www.respectlife.org/9-days-for-life)



**Free downloads and additional  
electronic resources can be found at  
[respectlife.org/action-guides](http://respectlife.org/action-guides)**

**A PDF of the 9daysfor life novena is available at:  
<https://www.usccb.org/resources/9-days-life-novena>**

For your convenience copies of the Novena are available on the lobby tables.

**FEAST DAYS IN JANUARY 2022**

- January 1 - Solemnity of Mary & First Saturday
- January 2 - Epiphany of the Lord & Sts. Basil the Great & Gregory Nazianzen, Bishops & Church Doctors
- January 3 - The Most Holy Name of Jesus
- January 4 - St. Elizabeth Ann Seton, Religious
- January 5- & St. John Neumann, Bishop
- January 6 - St. Andre Bessette, Religious
- January 7 - First Friday & St. Raymond of Penyafort, Priest
- January 9 - Baptism of the Lord
- January 13 - St. Hilary, Bishop & Doctor of the Church
- January 17 - St. Anthony (of the desert), Abbot
- January 17 through January 24 - Prayers for Church Unity
- January 18 - Traditional Feast of St. Peter's Chair
- January 19 through 27 - NOVENA FOR LIFE
- January 20 - Pope St. Fabian & St. Sebastian
- January 21 - St. Agnes, Virgin & Martyr
- January 21 - 2022 National March For Life
- January 22 - Day of Prayer for the Legal Protection of the Unborn
- January 23 - St. Vincent, Deacon, Martyr & St. Marianne Cope, Virgin
- January 24 - St. Francis de Sales, Bishop & Doctor of the Church
- January 25 - The Conversion of St. Paul, Apostle
- January 26 - Sts. Timothy & Titus, Bishops
- January 27 - St. Angela Merici, Virgin
- January 28 - St. Thomas Aquinas, Doctor of the Church
- January 31 - St. John Bosco, Priest



**Attention Ministry Leaders  
Stewardship Planning Meetings in  
January**

**Please note that the Stewardship Planning Meetings are scheduled in January on Sunday, January 9 and January 16, at 11:15am.**

**Please mark your calendars to attend or be sure to have someone from your ministry present.**

## Chair of Unity Octave

Traditionally, from the Feast of St Peter's Chair (January 18) to the Feast of the Conversion of St. Paul (January 25), the church observes a special week of prayer for the conversion of non-Catholics to the Faith.

This year we pray from January 17th thru the 24th.

### Daily Prayers

Eternal Father, by Thy infinite mercy, and by the infinite merits of Thy Divine Son, Jesus, make Thyself known and loved by all souls, since it is Thy will that all should be saved.

*Glory be...*

Through the sacred mysteries of human redemption, send, O Lord, laborers into Thy harvest, and spare Thy people. Eternal Word Incarnate, Redeemer of the human race, convert all souls to Thyself, since for them Thou wast obedient, even to the death on the Cross.

*Glory be...*

Through the merits and intercession of Thy most Holy Mother, and all the angels and saints, send, O Lord, laborers into Thy harvest, and spare Thy people. O Holy Spirit of God, by the infinite merits of the Passion and Death of Jesus Christ, diffuse Thy most ardent and all powerful charity in all hearts, that there may be one Fold and one Shepherd throughout the world, and that all may come to sing Thy Divine mercies in Heaven forever. Amen.

*Glory be...*

### Prayer to the Queen of Apostles

Mary, Queen of the Apostles, and all ye angels and saints, pray the Lord of the harvest to send forth laborers into His harvest and spare His people, that we may all rejoice with Him and the Father and the Holy Ghost forever, unto ages of ages. Amen.

Immaculate Mother of God, Queen of Apostles, I know that the Divine precept, by which I am bound to love my neighbor as myself, obliges me to procure by every possible means, not only my eternal salvation, but also that of my neighbor. But I confess that, through my sins, I am

not worthy of the grace to labor effectually and constantly for the eternal salvation of my soul and of the souls of my relations and neighbors; much less am I worthy of the grace to promote good works, and to increase the means, both spiritual and temporal, of restoring faith and rekindling charity among Catholics, and propagating the truth throughout the world. Do thou then, O Mother, obtain for me this grace through the mercy of God and the infinite merits of Jesus Christ; and in union with the heavenly court and all the just, who are or will be in the Church of God, from henceforth I intend to offer these same merits of Jesus as a thanksgiving, in anticipation of this grace obtained by Thee for us, as Thou didst obtain it for the holy Apostles.

And so, trusting in Thy powerful intercession, I resolve from henceforth to use whatever I have from God of power, talents, learning, riches, position, health, sickness, or sorrow, for the greater glory of God and the salvation of my soul, and that of my neighbor, more especially by working for the propagation of piety and the true holy Catholic Faith throughout the world. And when all other means to this end fail me, I will never cease to pray that there may be one Fold and one Shepherd. By so doing, I hope to reach Paradise, there to enjoy the fruit of the Apostolate of Jesus Christ for all eternity. Amen.

Three *Hail Mary's* and one *Glory be...*

*(Plenary indulgence once a month - Pope Leo XIII; 200 days, once a day during Octave; plenary at end of Octave).*



We give honor to the Name of Jesus, not because we believe that there is any intrinsic power hidden in the letters composing it, but because the Name of Jesus reminds us of all the blessings we receive through our Holy Redeemer. To give thanks for these blessings we revere the Holy Name, as we honor the Passion of Christ by honoring His Cross. At the Holy Name of Jesus we uncover our heads, and we bend our knees; It is at the head of all our undertakings.

## FEAST OF THE EPIPHANY

Note:

Here in the U.S. the Church celebrates the Epiphany on the Sunday after January 1, so it will not always be on January 6<sup>th</sup>.

### Twelfth Night

The Eve of the Feast of the Epiphany is the twelfth day of Christmas, and the night is known as "Twelfth Night" (or "Twelfthnight"). It begins the celebration of Christ's revealing His Divinity in three ways, which is formally celebrated on the day of the Epiphany:

- to the Magi who, guided by the great and mysterious Star of Bethlehem, came to visit Him when He was a baby (Matthew 2:1-19)
- through His Baptism by St. John, when "the Spirit of God descending as a dove" came upon Him and there was heard a voice from Heaven saying, "This is my beloved Son, in whom I am well pleased" (Matthew 3, Mark 1, Luke 3, John 1), and all Three Persons of the Most Holy Trinity were manifest (Note: the Baptism of Our Lord is also commemorated on the 13th of January)
- through His first public miracle -- that of the wedding at Cana when Our Lord turned water into wine at the request of His Mother (John 2). Just as God's first miracle before the Egyptian pharaoh, through Moses, was turning the waters of the Nile into blood, Our Lord's first miracle was turning water into wine.

In many Catholic homes (especially Italian ones), it's not Christmas Day that is for giving presents to children, but the Feast of Epiphany, when the gifts are given in a way related to the Magi. So today will have a "feel" of Christmas Eve, and because of the Epiphany's association with the Magis' gift-giving, tomorrow is often referred to colloquially as the "Little Christmas."

### Epiphany Traditions

The "Theophany" or "Three Kings Day" -- recalls Christ revealing Himself as Divine in three different ways: to the Magi, at His Baptism, and with His miracle at the wedding feast at Cana, all three of which are traditionally believed to have happened on the same calendar date.

For families who hold to traditions involving "the Magi" leaving gifts for children, the day begins with the wee ones discovering what was left for them while they slept on Twelfth Night.

**Blessing of Items:** At today's (Epiphany) Mass, there will be a blessing of gold, frankincense, myrrh, Epiphany Water, and, after Holy Communion, a blessing of chalk. Bring small special items of gold to have with you during the Mass, and they will be blessed if they are exposed as you sit in your pew with them (wedding rings, rosaries, an heirloom piece of gold jewelry, for example).

When Mass is over, you will take some of the blessed chalk, frankincense, myrrh, and Epiphany Water home with you, so it's good to bring a container to transport Holy Water and one to put some grains of incense and a piece of chalk into.

When you get home, sprinkle some Epiphany Water (otherwise and afterwards used as regular Holy Water) in the rooms of your house to protect it and bring blessings. This Holy Water recalls the waters of the Jordan, and is a visible reminder of Christ's Divinity, of Jesus's revealing Himself as God at His Baptism, when we heard the words from the Father: "This is My beloved Son, in Whom I am well pleased." This rite of blessing the home -- led by a priest, if possible, or the father (or head) of the house if no priest is available.

**Chalking the door** is one of the Christian Epiphany tide traditions used to bless one's home.

After the prayers of the blessing are recited, walk through the house and bless each room by sprinkling with Epiphany water and incensing it.

Take the blessed chalk and first write the initials of the three Wise Men, connected with Crosses, over the inside of your front door (on the lintel, if possible). Then write the year, breaking up the numbers and the year so that they fall on both sides of the initials. It should look like this, for ex., for the year 2021, one would write:

**20 C+M+B 22**

with the "20" being the millennium and century, the "C" standing for the first Wise Man, Caspar, the "M" standing for Melchior, the "B" standing for Balthasar, and the "05" standing for the decade and year -- i.e., for the year 1963, it would have been written

19 C+M+B 63

It is also popularly believed that the Kings' initials also stand for "Christus mansionem benedicat"

("Christ bless this house").

These initials over our doorway serve to remind us of Who the Magi saw and how they saw Him. They remind us to adore Him as they did. The chalk markings remain over the door 'til Pentecost.

It is a popular custom among some people that all who enter or re-enter their home for the first time after the blessing should step with their right foot across the threshold so as to start things off "on the right foot".

**Yearly Family Patron Saint:** It is customary in some religious orders to choose a new patron saint today for the coming year. Families can do this, too, choosing a new saint by designating someone (e.g., father or mother, etc.) to select the new patron, by determining by lots who will select the new patron, by having family members write down their choices and choosing at random, by allowing the person to choose who presents the best argument for a particular patron, etc. It would be very beneficial if the person who chooses teaches the rest of the family about that particular patron, perhaps looking up the saint in Butler's works, finding art work depicting the saint, etc., and sharing it.

source:fish eaters.com

**The directions and prayers on this sheet are for the blessing of your own house or apartment.  
They are included here for your convenience.**

Upon entering the house:

Priest/Father: Peace be to this house.

All: And to all who dwell herein.

Priest: From the east came the Magi to Bethlehem to adore the Lord; and opening their treasures they offered precious gifts: gold for the great King, incense for the true God, and myrrh in symbol of His burial.

During the Magnificat, the room is sprinkled with Holy Water and incensed (if you have it).

All: My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. For He hath regarded the humility of His handmaiden. For behold, from henceforth all generations shall call me blessed. For He that is mighty hath done great things to me, and holy is His Name. And His Mercy is from generation unto generations upon them that fear Him. He hath shewed might in His arm, He hath scattered the proud in the conceit of their heart. He hath put down the mighty from their seat, and hath exalted the humble. He hath filled the hungry with good things, and the rich He hath sent empty away. He hath received Israel, His servant, being mindful of His mercy. As He spoke to our Fathers, Abraham and His seed forever.

After this is completed:

All: From the east came the Magi to Bethlehem to adore the Lord; and opening their treasures they offered precious gifts: gold for the great King, incense for the true God, and myrrh in symbol of His burial.

Priest: Our Father Who art in Heaven, hallowed be Thy Name. Thy Kingdom come, Thy will be done on Earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead and lead us not into temptation,

All: But deliver us from evil.

Priest: All they from Saba shall come

All: Bringing gold and frankincense.

Priest: O Lord, hear my prayer.

All: And let my cry come unto Thee.

Priest: Let us pray. O God, who by the guidance of a star didst on this day manifest Thine only-begotten Son to the Gentiles, mercifully grant that we who know Thee by faith may also attain the vision of Thy glorious majesty. Through Christ our Lord.

All: Amen.

Priest: Be enlightened, be enlightened, O Jerusalem, for thy light is come, and the glory of the Lord is risen upon thee-- Jesus Christ born of the Virgin Mary.

All: And the Gentiles shall walk in thy light and kings in the splendor of thy rising, and the glory of the Lord has risen upon thee.

Priest: Let us pray. Bless, O Lord God Almighty, this home, that in it there may be health, purity, the strength of victory, humility, goodness and mercy, the fulfillment of Thy Law, the thanksgiving to God the Father and to the Son and to the Holy Spirit. And may this blessing remain upon this home and upon all who dwell herein. Through Christ our Lord.

All: Amen.

After the prayers of the blessing are recited, walk through the house and bless each room by sprinkling with Epiphany Water and incensing it.

Take the blessed chalk and first write the initials of the three Wise Men, connected with crosses, over the inside of your front door (on the lintel, if possible). Then write the year, breaking up the numbers and the year so that they fall on both sides of the initials. It should look like this, for ex., for the year 2021, one would write:

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# The Facts in the Matter of Conception

Stephen A. Venturini

July 30, 2019 (Revised December 1, 2021)

**Forget religion!** Is that statement surprising? There is no doubt that the religious aspect of the pro-life position, that God creates human life at the moment of conception, is completely valid and should be held in high regard. But, unfortunately, arguing from that position is rejected by many for whom religion has no meaning, or whose faith is too weak to substantiate a discussion. To those people, using religion to defend the pro-life position is like talking to a wall; and to be truthful, it is – the wall of denial. *So, when discussing abortion, forget religion.* The ultimate defense of the pro-life position requires that the focus be squarely on the empirical evidence provided by the broad range of disciplines that comprise medical science – obstetrics, genetics, physiology, biology, etc. It is there that we gain a clear understanding of what actually happens to a child from the moment of conception to live birth. *A human life depends on that understanding.*

There are a number arguments used by the pro-choice camp to justify abortion, none of which fall under the purview of medical science:

- It is a private decision between a woman and her doctor.
- Concern for safety (the woman's, not the baby's).
- It's just tissue.
- It's a constitutional right.

There are more arguments; but one of the more dominant ones for discussion here is that women have a sovereign right to control what happens to their bodies. *And, they are absolutely correct!* Women have every right to choose what happens to *their* bodies. They can rightfully access any of the myriad medical procedures they need to promote *their* health and well-being. No one can deny that to any woman. The important question is: What defines *their* body?

Nature is replete with marvels, one of which is the conception of living organisms. There are other means of propagation – in particular asexual reproduction, which includes binary fission, fragmentation, and budding. What is unique about any form of reproduction, however it occurs, is that it guarantees the continuity of a particular species. Here we are concerned solely with the higher forms of life that depend upon sexual reproduction in which an egg from the female is fertilized by sperm from the male. It is vital to understand the unalterable consequence of that event, the consequence being the ultimate goal of conception. No matter what we might wish otherwise, Nature has the ultimate say-so over what happens; and medical science follows Nature. The egg and sperm of dogs can produce only dogs. The egg and sperm of mice and whales can produce only mice and whales. Likewise, the egg and sperm of human beings can produce only human beings. It's simple, fundamental biology. It is important to know what happens at the moment an egg is fertilized – the moment of conception. Conception, particularly of humans, has been well-documented over many decades – visually recorded and studied by medical science.

In a typical human conception, an egg is released from one of the mother's ovaries and travels through the fallopian tube toward her uterus. At some point along its journey, the egg encounters the father's sperm, consisting of countless spermatozoa – only one of which will be permitted to penetrate and fertilize the egg. Eventually, the fertilized egg reaches the uterus and implants itself in the uterine wall. There the child lives and grows until the time comes for birth, nine months later. Now let's look at the critical details of what happens at conception.

Human DNA is comprised of 46 chromosomes. During the process of fertilization, the DNA of both parents interact, and a new, unique DNA is formed. This new DNA provides the genetic codes from which are formed the particular traits that define the new person now beginning to grow inside the mother – from the color of the eyes to the physical shape of the body and everything in between, including the baby's gender. It's interesting to note that the DNA of siblings is never exactly the same; the mixed genetic code from the parents provides different sequences of the new DNA to each child – including so-called "identical" twins. Otherwise, siblings would always be absolutely identical to one another.

Because the newly combined DNA differs from both the mother's and the father's DNA, *that means a new and totally unique individual has been conceived.* The new life is a part of neither parent's body, but is a human being in its own right. Less than a month after conception, the baby's heart starts to beat – a heart completely separate from the mother. After about six weeks, brain waves – like the heartbeat, different from the mother's – can be recorded. Various developmental milestones spanning the entire nine months of pregnancy can be identified, all occurring within – but not as a part of – the mother's body. *This makes it clear that a child developing in a woman's womb is not, in any way, a part of the mother's body.*

Women (specifically, although there are some men who side with them) who claim that they have the right to have an abortion are quick to spout such slogans as "My body; my choice!" and "Hands off my body!" – among others. They want to prevent anyone from denying them the right to do as they please regarding their bodies. As noted earlier, and worth repeating, women have every right to do as they please with their bodies. If they choose to participate in risky ventures – skydiving, mountain climbing, bungee-jumping, walking a tight rope across an active volcano caldera – that is their right. They own *their* bodies.

"Their bodies" is the operative phrase. Were a doctor to be given permission by a woman to take a sample from any part of her body to analyze it – a leg, breast, nose, toe, strand of hair, etc. – every one of those parts of "her body" would have an identical DNA signature – the woman's, all 46 chromosomes. Were a doctor to extract DNA from an entity growing and developing inside her, attached symbiotically to the woman's uterus, the DNA would be significantly different from hers. For it to be a part of the woman's body, it would need to have the woman's DNA and *only* the woman's DNA.

Continued on the next page.

### The Facts in the Matter of Conception, continued

The DNA of the entity in her womb would be comprised of a portion of the woman's DNA and a portion of the father's, making it a unique, individual DNA sequence that identifies the entity as a *separate human being*. Whether we refer to the new entity as a zygote, an embryo, a fetus – whatever we call it, *the DNA of that entity is its own*. That clearly identifies the product of fertilization and conception as a human from the moment of conception, a being distinct from – not in any way a part of – the mother's body. By all rights, at that moment, there exists a new human being deserving of every chance to be born and live.

Clearly, the new life in a woman's womb is a completely separate entity, with its own DNA signature, physically attached in a symbiotic, totally dependent relationship with the mother. Once this human being

comes to be, once a child is conceived, the woman has no rights over its existence. To terminate a life *at any time* during the nine month gestation period is to take the life of a human being. (Sadly, there are people today who go one step farther. They are willing to take the life of an unwanted child even minutes before live birth, *and in some cases, who has been born*, and is completely out of the womb.) There is a quote attributed to Dr. Ben Carson, former U.S. Secretary of Housing and Urban Development, and a retired pediatric neural surgeon, that directly applies here: "If it's not a human being, then why are you harvesting organs from it?"

So forget religion when promoting the right of a child in the womb to live. Zygote, embryo, fetus, child – a rose by any other name is still a rose. *The empirical, medical scientific evidence says precisely what needs to be said: It's a Baby!*

### Saints Timothy and Titus, Bishops,

First century

January 26—Memorial

Liturgical Color: Red

Patron Saints of Stomach Disorders

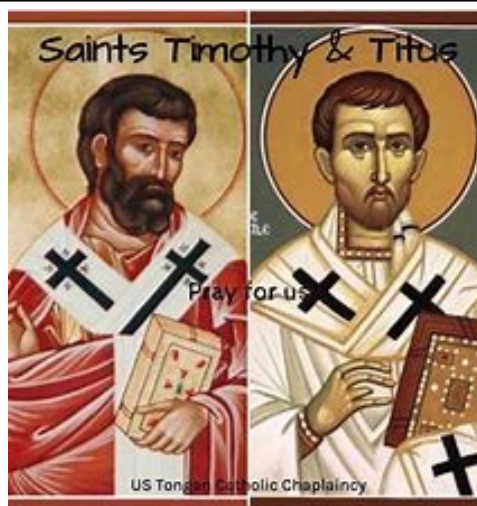
#### Saint Paul could not do it alone so he appointed helpers

Today's saints were two bishops from the apostolic period of the Church, the decades immediately following the death and resurrection of Christ. In this grace-filled time, the Apostles and St. Paul were carving the first deep furrows into the pagan soil they traveled, planting in the earth the seeds of Christian faith which succeeding bishops would water, tend, and harvest.

Little is certainly known about today's saints apart from references to them in the Acts of the Apostles and in the Epistles of St. Paul. But these numerous references are enough. The generations of theologians, bishops, martyrs, and saints who lived in the post apostolic period give universal and consistent witness to the veracity of Paul's letters and the events they recount. There are theological, rather than historical, lessons to be taken from the lives and ministry of today's saints.

Saints Timothy and Titus were Apostles of an Apostle. They shared in, and cooperated with, the ministry of St. Paul, who had a direct connection to Christ through a miraculous occurrence on the road to Damascus, a feast commemorated, not coincidentally, the day prior to today's memorial. Timothy, Titus, and many others, known and unknown, carried out on a local level a priestly ministry which Paul engaged in on a more regional level. It was St. Paul's practice, and probably that of the other surviving Apostles, to appoint assistants wherever they went who acted with the authority of the Apostle who appointed them. These assistants were variously called priests or bishops, terms that were often interchangeable. Deacons shared in the priestly ministry too, but more as assistants to bishops.

A direct connection to an Apostle, either through his direct ministry or through a group or person he appointed (presumably through an ordination rite), was fundamental to establish a church. Accredited leaders were needed. This is a constant theme in the writings of St. Paul. No Apostle—no Church. The body could not be separated from the head and still survive. In other words, the proclamation of the Gospel always—always—



occurred contemporaneously with the foundation of a solidly structured local Church. The modern tendency to emphasize the internal, personal, and spiritual message of Christ over the external, public, hierarchical Church which carried His message was a dichotomy unknown to early Christianity. The Church carries a message and is itself a message. The content of the Gospel and the form of the Gospel community go hand in hand. The constant, amoeba like, splitting of Protestant communities

attests to the inevitable divisions which result when the Church and its message are separated.

A later tradition holds that St. Timothy was the first bishop of Ephesus, in modern day Turkey. Equally ancient traditions state that St. John retreated to Ephesus before eventually dying on the island of Patmos, and that the Virgin Mary followed John to Ephesus, living in a house above the town. It is possible, then, that St. Timothy drank from the deepest wells of the Christian tradition. Sitting around the warm glow of a fire in a dark room at night, he may have heard about the life of Christ from the very lips of the most important witnesses. We can imagine that he heard much of what is not today preserved, and from the very man, Saint John, who ends his Gospel by writing that "there are also many other things which Jesus did; were every one of them to be written, I suppose that the world itself could not contain the books that would be written." ([John 21:25](#).)

*Saints Timothy and Titus, through your lives dedicated to the missions, you helped lay the foundations of Christianity, and carried on the priestly ministry of Jesus by preaching, teaching, and governing His flock. Help us to be as bold now as you were then.*

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**EVANGELIZATION LEADERSHIP SUMMIT**  
On Saturday, December 4th, Fr. Coleman and his invitees attended the conference for Leadership and Missionary Discipleship. Three keynote speakers were the highlight with additional discussion sessions on particular topics.

The was a beautiful day of prayer and learning for us all. Over 200 persons participated from throughout the diocese.

Fr. Schalk said Mass with two other priests concelebrating. This was a special day for him as it was the 15th anniversary of his grandmother's death.



## MISSIONARY DISCIPLESHIP PLAN NEXT STEPS IN THE "MD"

The next step for Fr. Coleman and Church of Our Lady is a parish assessment. This assessment focuses on our parish life and how our parish shows up as we present our community to the world.

1. A strategy is to be developed in each parish to promote discipleship.
2. A parish toolkit - to account for the whole picture.
3. This process will be coordinated through the office of Evangelization headed by Rev. Adam Streitenberger
  - ⇒ Honest Assessment
  - ⇒ Formation in the culture
  - ⇒ Best practices from previous activities
  - ⇒ What does it take to form disciples
  - ⇒ Using all the tools together / set goals
  - ⇒ Track activities / metrics

## Forming Missionary Disciples

At the heart of RealPresenceRealFuture is our individual relationship with God. How does that show up in our families and our daily lives? How does that show up in our church community at Miraculous Medal?

We Catholics often have a difficult time talking about what we believe and why we believe it. I think it is because our faith is so ingrained in us we take it for granted. Years ago, my husband challenged me that I only went to Mass out of habit because my family did and that I could not explain my beliefs. His comment made me really mad at him! I think I told him I did not have to explain to him my reasoning. I felt it was enough that I believed. Maybe you have also felt this way at some point.

We know that we love Jesus; His Blessed Mother; God the Father and the Holy Spirit! We love the saints and the stories that we have known about our faith from the time we were little children. We try to live the life He has shown us through His example in the Gospels!

When we say the Rosary we are with Him in every aspect of his earthly life. We think about Him as a little baby; as a teen; as the teacher who travels across the holy land to open minds and hearts and finally as the suffering servant who gives all of Himself for us.

We say our morning prayer when we get up; we pray before meals; we say a quick prayer before going to bed in the evening. Why? Because we DO have a personal relationship with Him. The real Jesus - not one we invented to make us feel good!

We need to be reminded of this NOT to make us feel self-satisfied but to help us understand that we have made the commitment to follow Him - each day, every day!

**We want to be able to talk about Jesus from our hearts. That is the goal of Missionary Discipleship.**

What is our sphere of influence? In person? On line? The neighbors next door, the bank teller, the person at the take-out window at your favorite fast food stop? You get the idea.

I can't remember where I heard this statement: "If someone were to try to prove you are Catholic, would there be enough evidence to convict you?"; but it did make me stop and think more about how I show up to others. When I want to impress someone at an interview, I dress appropriately and I try to anticipate questions that person might ask so to get the job opportunity I want.

It is easy to forget that God is always with us and every action we make is an opportunity to please Him, or not!

Submitted by Elaine Sturm



**Six Elements of Missionary Disciple Formation (which is the basis of the assessment)**

**Where are we now? In what are we strong? What should be added or refreshed?**

**Kerygmatic Encounter**

The first step of the missionary disciple journey - in which we come to know Jesus Christ in our lives while being presented with the gospel message. Essential to this experience is the opportunity to personally respond in conversion, repentance, and surrender to Christ. This is essential to all other elements.

**Ongoing Spiritual Formation in Sacraments and Prayer**

Having encountered Christ, we each continue to encounter Him above all in the Mass, the Sacraments, and daily prayer. Essential to formation of missionary disciples is Mystagogy, which includes a deeper understanding of the Mass. What is the spiritual tradition, including authentic Catholic meditation and contemplation.

**Missional Training**

Having encountered Christ and responded, a disciple's life is moved into a new direction. Encounter leads to mission. Formation or training in how to evangelize, which includes a discernment in the method most suited to one, is essential immediately after the kerygmatic encounter. The goal of parish missionary disciple formation in the general and the element of missional training is to equip every baptized person to begin their own missional work. These works will not, for the most part, be the running parish programming. They will be apostolates run outside of the parish, i.e., at homes, out in the community, etc.

**Discipleship Small Groups/Community**

Living as missionary disciples requires the support of fellow disciples. Community is necessary. In building a parish strategy, consideration should be given to providing community support to disciples. This may take the form of informal gatherings, parish groups and events, one-on-one discipling from mentors, or other friendships.

**Ongoing Catechesis**

Catechesis is the echoing or handing on of the Truths of the Faith. Thorough catechesis is necessary for complete and mature disciple formation. It includes ongoing adult catechesis, which is ideally done in the small group setting.

**Ongoing Scriptural Study**

In addition to ongoing catechesis, missionary disciples need to continue to grow in their love and understanding of Sacred Scripture, within the context of small disciple groups.

This overview is from a presentation by Fr. Streitenberger and Liz Christie at the Leadership Summit.



**The collection tubs in our lobbies have been available for donations for parishioners to drop off coats, bedding, blankets and towels through the month of December. So far we've taken at least six large bags of donations and they continue to come in. Thank you to everyone for your generosity.**

Submitted by Francie Medary

Submit your article for the next C.O.O.L. NEWS to:  
 Editor in Chief Elaine Sturm at  
**Esturm.cool@sbcglobal.net**  
 E-mail the church at cool5225@sbcglobal.net  
 Or place your submission in the box marked "COOL NEWS" located in the sacristy  
 DEADLINE FOR SUBMISSION IS: January 15th

Join us on the WEB and FACEBOOK!  
 WEB: CHURCHOFURLADYCOLUMBUS.ORG  
 FACEBOOK: FACEBOOK.COM/COOLCOLUMBUS

**MARK YOUR CALENDARS !!  
THE COLUMBUS CATHOLIC WOMEN'S & MEN'S ANNUAL CONFERENCES RETURN!!**



Columbus Catholic Women's Conference

**REKINDLE**

*...the gift of God that is within you*  
*2 Timothy 1:6*

**February 19, 2022**

**8:00AM to 4:30PM at the OHIO EXPO CENTER, COLUMBUS, OHIO**

**SPEAKERS:** Fr. Dave Pivonka, TOR, Sr. Tracey Dugas, Lisa Brenninkmeyer, Janelle Foligno. **Music by:** Tori Harris Gray

Go to: [www.columbuscatholicwomen.com](http://www.columbuscatholicwomen.com)  
for more information and to register

The 25th Annual  
**CATHOLIC  
MEN'S CONFERENCE**

**CALLED  
TO BE  
SAINTS**

**FEBRUARY 26th, 2022**

Check for updated information at:  
[www.catholicmensministry.com](http://www.catholicmensministry.com)

**A THANK YOU for St. Vincent de Paul:**

Dear Bob and the SVP group      Dec. 8  
Thank you very much for your generous  
donation of food on Thanksgiving Day.  
This food went right out to our neighbors  
in need. We certainly are blessed to  
have your church group as a kind and  
thoughtful partner.  
Thank you, and Merry Christmas!  
Kathy and Myisha



Our Beautiful Thanksgiving Altar



Sorting the gifts for delivery to our charities.

Once again Church of Our Lady has come through for the needy. Each agency will be pleased and appreciative of all the gifts under the Giving Tree. What an awesome sight it was!

Thank you All! *Mary Bishel*



**Time, Talent, Treasure**

**February is Stewardship Month at  
Church of Our Lady**

## Knights' News



Thank you to our loyal Knights who take the time each year to set up the Christmas Manger. It is always inspiring to see this reminder to "Keep Christ In Christmas".

The first Lenten Fish Fry is scheduled for Friday, March 4<sup>th</sup>. Watch for details in the February COOL News. Like last year, the Fish Fries will be for take-out, only.

### KNIGHTS OF COLUMBUS, COUNCIL #11188



#### JUST IN TIME FOR THE SUPER BOWL LVI

### SUPERBOWL SUB SALE

Super Bowl LVI is scheduled for February 13, 2022.

The Council will be selling freshly made meatball subs to help you enjoy the event. **Orders can be placed after Masses on January 29<sup>th</sup>, January 30<sup>th</sup>, February 5<sup>th</sup>, and February 6<sup>th</sup>.**

The cost is only **\$5 per sandwich** and payment is **due at the time of ordering**. The sub will consist of tasty meatballs on a fresh bun with cheese and marinara sauce.

The subs will be available for pick up on **Saturday, February 12<sup>th</sup> and Sunday, February 13<sup>th</sup> after Masses**. Proceeds will be used to support the charitable works of Knights of Columbus, Council #11188.

### VINTON COUNTY DONATIONS

At the 11188 Council December business meeting, the Council made a \$500 donation to the St. Francis Center in Vinton County. In addition, \$600 was designated to be given to a needy family in time for Christmas, as determined by the Parish Chapter of the St. Vincent de Paul Society.

Funding for these donations was made possible by a generous gift to Council 11188 by an anonymous donor.

These donations are replacing the Annual Vinton County Express for 2022.

**The Annual KofC Freethrow Contest has been cancelled for the second year in a row due to Covid-19 issues. The Council will try again in 2023.**

### O GOD OUR CREATOR,

from your provident hand we have received our right to life, liberty, and the pursuit of happiness. You have called us as your people and given us the right and the duty to worship you, the only true God, and your Son, Jesus Christ. Through the power and working of your Holy Spirit, you call us to live out our faith in the midst of the world, bringing the light and the saving truth of the Gospel to every corner of society.

We ask you to bless us in our vigilance for the gift of religious liberty. Give us the strength of mind and heart to readily defend our freedoms when they are threatened; give us courage in making our voices heard on behalf of the rights of your Church and the freedom of conscience of all people of faith.

Grant, we pray, O heavenly Father, a clear and united voice to all your sons and daughters gathered in your Church in this decisive hour in the history of our nation, so that, with every trial withstood and every danger overcome— for the sake of our children, our grandchildren, and all who come after us— this great land will always be "one nation, under God, indivisible, with liberty and justice for all."

We ask this through Christ our Lord.

Amen.

Submitted by Mary Bishel

# COOL JANUARY STEWARDSHIP 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>HOLY FAMILY 26</b> 10:00 Mass	<b>St JOHN, APOSTLE 27</b> & <b>EVANGELIST</b>	<b>HOLY INNOCENTS 28</b> 9:00 Mass	<b>St THOMAS BECKET 29</b> 9:00 Mass 10:00 Bible Study ZOOM 11:30 Prayer at Abortion Clinic	9:00 Mass 11:30 Prayer at Abortion Clinic	<b>St SYLVESTER I 31</b> 9:00 Mass Adoration 9:45 – 10:30 7:00 <sup>PM</sup> City Wide – Vigil For the Mother of God FULFILLS THE HOLY DAY OF OBLIGATION	<b>MOTHER OF GOD 1</b> 8:30 Confessions 9:00 Mass First Saturday
<b>EPIPHANY 2</b> 10:00 Mass	<b>Most HOLY NAME 3</b> OF JESUS	<b>St ELIZABETH ANN 4</b> SETON 9:00 Mass	<b>St JOHN NEUMANN 5</b> 9:00 Mass 10:00 Bible Study 11:30 Prayer at Abortion Clinic	<b>St ANDRE BESSETTE 6</b> 9:00 Mass 8:30 – Respect Life Rosary 11:30 Prayer at Abortion Clinic	<b>St RAYMOND OF PENYAFORT 7</b> 8:30 Reconciliation 9:00 Mass: Followed by 1 <sup>st</sup> Friday Adoration til Noon	3:00 Reconciliation 4:00 Mass:
<b>BAPTISM OF THE LORD 9</b> 8:30 – Respect Life Rosary 10:00 Mass 11:15 Stewardship Planning Meeting	6:30 Bible Study	6:30 Bible Study	6:00-8:00 PSR ZOOM 7:30 Combined Choir	<b>St HILARY 13</b> 9:00 Mass 11:30 Prayer at Abortion Clinic	9:00 Mass Adoration 9:45 – 10:30	3:00 Reconciliation 4:00 Mass SAVE OUR SEMINARIANS KOC
<b>2<sup>ND</sup> Sunday Ord 16</b> SAVE OUR SEMINARIANS KOC 10:00 Mass 11:15 Stewardship Planning Meeting	<b>St ANTHONY, ABBOT 17</b> Martin Luther King, Jr. Day OFFICE CLOSED CHURCH UNITY OCTAVE	9:00 Mass CHURCH UNITY OCTAVE	9:00 Mass 10:00 Bible Study ZOOM 11:30 Prayer at Abortion Clinic	<b>St FABIAN &amp; St SEBASTIAN 20</b> 9:00 Mass 11:30 Prayer at Abortion Clinic	<b>St AGNES 21</b> 9:00 Mass Adoration 9:45 – 10:30 CHURCH UNITY OCTAVE MARCH FOR LIFE - DC	<b>DAY OF PRAYER FOR THE LEGAL PROTECTION OF UNBORN CHILDREN 22</b> CHURCH UNITY OCTAVE 3:00 Reconciliation 4:00 Mass
<b>3<sup>RD</sup> Sunday Ord 23</b> 10:00 Mass CHURCH UNITY OCTAVE	<b>St FRANCIS DE SALES 24</b> CHURCH UNITY OCTAVE 6:30 Bible Study	9:00 Mass CHURCH UNITY OCTAVE	<b>Sts TIMOTHY &amp; TITUS 26</b> 9:00 Mass 10:00 Bible Study 11:30 Prayer at Abortion Clinic	<b>St ANGELA MERICI 27</b> 9:00 Mass 11:30 Prayer at Abortion Clinic	<b>St THOMAS AQUINAS 28</b> Doctor of the Church 9:00 Mass Adoration 9:45 – 10:30	<b>29</b> 3:00 Reconciliation 4:00 Mass
<b>4<sup>th</sup> Sunday Ord 30</b> 10:00 Mass	<b>St JOHN BOSCO 31</b> 630-Bible Study		6:00-8:00 PSR ZOOM 7:30 Combined Choir			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

It's BEST to get your event requests to the office ASAP for availability and the pastor's okay, OR no later than 16<sup>th</sup> day of month before the event. If there are any changes in an okayed event, PLEASE let us know ASAP. A powerfully instrumental calendar in everyone's hands depends on the cooperation of everyone to make it as useful as possible.