

C.O.O.L. NEWS

Our Lady of the Miraculous Medal Monthly Newsletter

Mass Offering Prayer

Thank You, Jesus, for all that You have given me: this day, my family, all that I have.

I bring to You all my prayers, sufferings and the good works You have helped me perform.

I bring You myself, body, mind, heart and soul and place them on the Altar. I bring You all my prayer intentions and requests - especially (*your intentions*) and place them on the Altar at this Mass. Help me to be truly present during this Mass and to praise and worship You with a true heart.

For myself I ask that You deepen my faith; help me to love You more deeply and to receive Your Body, Blood, Soul and Divinity with all my heart and every cell in my body. Give me courage and fortitude to persevere in faith.

Amen

Submit your article for the next C.O.O.L. NEWS to:
Editor in Chief Elaine Sturm at
Esturm.cool@sbcglobal.net

Or place your submission in the box marked "COOL NEWS" located in the sacristy

DEADLINE FOR SUBMISSION IS: February 15th

Join us on the WEB and FACEBOOK!

WEB: CHURCHOFMIRACULOUSMEDALCOLUMBUS.ORG

FACEBOOK: [FACEBOOK.COM/COOLCOLUMBUS](https://www.facebook.com/coolcolumbus)

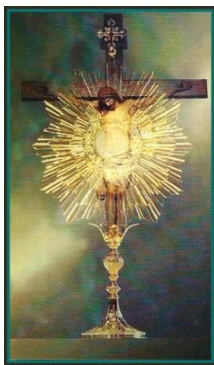


ADORATION OF THE BLESSED SACRAMENT

**First Friday,
February 3, 2023
From 9:45^{am} to Noon**

**Weekly Adoration on Friday's
from 9:45 to 10:30^{am}**

**Consider adding weekly Adoration
to your Lenten practice this year.**



Our Church - Our Home HOMECOMING! February 4 & 5, 2023

This February 4th and 5th Church Of Our Lady will once again hold our Stewardship Event. We have not been able to do this for the past two years because of health restrictions. This year our theme is "Homecoming!"

So what is this event about? We want to give everyone a chance to see the various activities and ministries that are active in our church. You will have the opportunity to talk with those people who are working in these different areas, to see what they do and how much time they spend in their work. We are asking you to consider as you meet these parishioners and talk with them works which would be of interest to you; to consider how you can add your time and talent in one of our ministries to support others. Every bit of work you do for the church helps others and praises God because you are freely giving this time to Him. You can offer all that you do as a prayer! Store up your treasure in Heaven!

There is also the aspect of treasure; what you are able to contribute financially to the support of the church. This is important because if you follow the information in our weekly bulletin you will see that in our weekly collection our finances are falling very short of our needs. While Fr. Coleman has worked with great ingenuity to make ends meet for us we are reaching a point in which he will no longer be able to transcend this shortage.

Give to God all you can, He did not count the cost when gave us His Son. Please pray for discernment in your stewardship [Time, Talent & Treasure] support for Church of Our Lady. "Consider this: whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully. Each must do as already determined, without sadness or compulsion, for God loves a cheerful giver." *2nd Corinthians 9:6-7.*

PSR MOMs & DADs - YOU ARE NEEDED!

Our new Director of Religious Ed for PSR, Carolyn Mack is so excited to be meeting many new people and gathering the children for Sunday PSR class! She is in immediate and vital need of at least 2 volunteers to help with the Sunday activities! Please stop by the PSR table at the Stewardship event to speak with her to see how easy it will be to lend your helping hand!

February 2023 Feast Days

February 1 - St. Bridgid of Ireland

February 2 - **The Presentation of the Lord / OUR LADY OF GOOD SUCCESS / CANDLEMAS**

February 3 - **First Friday & St. Blase, Bishop, Martyr & St. Ansgar, Bishop** Throat Blessing: Friday, Saturday & Sunday

February 4 - **First Saturday & St. Veronica**

February 5 - **St. Agatha**

February 6 - **St. Paul Miki & Companions**

February 8 - **St. Jerome Emiliani, Priest / St. Josephine Bakhita, Virgin**

February 9 - **Blessed Anne Catherine Emmerich**

February 10 - **St. Scholastica, Virgin** (St. Benedict's twin sister)

February 11 - **OUR LADY OF LOURDES**

February 13 - **Begin the Novena In Honor of the Holy Face - see page 3**

February 14 - **St. Valentine's Day & Sts. Cyril and Methodius**

February 17 - **The Seven Holy Founders of the Servite Order**

February 18 - **St. Bernadette Soubirous**

February 21 - **St. Peter Damian, Bishop & Doctor of the Church**
Shrove Tuesday (Roman Calendar) / Feast of the Holy Face of Jesus of the Shroud of Turin

February 22 - **ASH WEDNESDAY & Chair of St. Peter (Roman Calendar)**

February 23 - **St. Polycarp, Bishop, Martyr**

February 27 - **St. Gregory of Narek, Abbot & Church Doctor**

CANDLE BLESSING ON THURSDAY, FEBRUARY 2ND!

Please bring the candles you want blessed to church BEFORE Thursday, February 2nd and be sure to put your name on them. Father will bless the candles on Thursday at the 9:00am Mass.

You can retrieve your candles the following weekend, the 4th & 5th.

ALTAR FLOWERS: Donations will again be accepted for Altar flowers for three Sundays in February - the 5th, 11th and 18th. A sign-up sheet is located on the table in the west lobby. There are no flowers on the Altar during Lent. We will resume this program after the Easter Season. Thank you!



**STATIONS OF THE
CROSS & BENEDICTION**
2023 FRIDAY EVENING
SCHEDULE

February 24th at 5:30pm
 March 3rd at 5:30pm
 March 10th at 5:30pm
 March 17th at 5:30pm
 March 24th at 5:30pm
 March 31st at 5:30pm

Good Friday, April 7th at 7:00pm

Francie Medary will cantor. Additionally, a lector and 3 servers are needed to support this liturgy:
Servers: 2 servers to carry candles and 1 server to carry the Crucifix

Servers will also assist Deacon Steve or Fr. Coleman with Benediction.

Sign-up sheets are located in the sacristy.



Ash Wednesday Masses
February 22, 2023
9:00am and 7:00pm

**ASH WEDNESDAY IS A DAY OF
FAST AND ABSTINANCE**

Lenten Fast & Abstinence Reminder

On Ash Wednesday and Good Friday, everyone age fourteen (14) and older

MUST ABSTAIN FROM EATING MEAT
(seafood is permitted).

Adults eighteen (18) and older must **FAST**
 (meaning one full meal a day and two lesser meals).

On all Fridays during Lent everyone fourteen (14) and older must **ABSTAIN** from meat.

Please see the COOL calendar on the back of the COOL News which has notations for Fast & Abstinence as appropriate for each day.



LENTEN RECONCILIATION SERVICE

Our annual Lenten Family Reconciliation Service has moved to Saturday, March 4th at 2:30^{pm}. Fr. Coleman will conduct the service with appropriate prayers and readings including an examination of conscience to help you prepare for your Confession.

Please mark your calendar and plan to make your Sacrament of Reconciliation early this Lent!



NOVENA IN HONOR OF THE HOLY FACE OF JESUS OF THE SHROUD OF TURIN

“See how I suffer. Nevertheless, I am understood by so few. What ingratitude on the part of those who say they love Me. I have given My Heart as a sensible object of My great love for man and I give My Face as a sensible object of My sorrow for the sins of man. I desire that it be honored by a **Special Feast** on Tuesday in Quinquagesima [Shrove Tuesday - the Tuesday before Ash Wednesday].



The feast will be preceded by a novena in which the faithful make reparation to Me, uniting themselves in participating with Me in My sorrows.” (Our Lord Jesus Christ to Sister Maria Pierina)

The Novena begins on Monday, February 13th.

Pamphlets are available on the tables in both lobbies.

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Mass Adoration Confession Prayer Teams Worship
 Our Lady of Miraculous Medal
 Saturday, Feb. 4th
 9:00am
 Bryan O'Donnell is speaking on "Joy"
Romans 15:13:
Hope,
Joy and Peace

Postluc to follow!



2023 COLUMBUS CATHOLIC WOMEN'S CONFERENCE

February 18, 2023

8:00AM to 4:30PM

Ohio Expo Center

www.columbuscatholicwomen.com

Featured Speakers:

Danielle Bean,

Fr. Michael Denk,

Fr. Rob Galea,

Paula Umana

Music by Hannah Schaefer

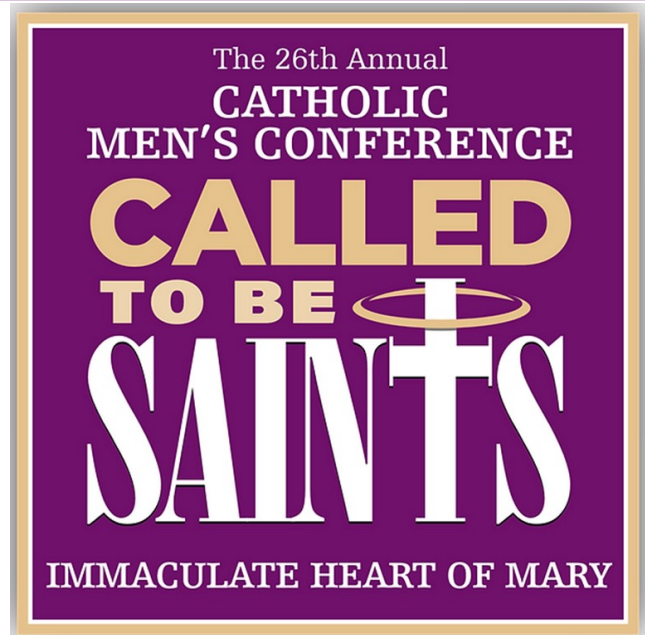
Emcee: Debbie Georgianni

Bishop Earl Fernandes will celebrate Mass!

Regular Ticket \$45; Student Ticket \$35

Inviting All Women ... please mark your calendar now for the **Columbus Catholic Women's Conference** on Sat., Feb. 18th, 2022, from 8 a.m. - 4:30 p.m. at the Ohio Expo Center. Our theme is Light Shines in the Darkness, John 1:5.

Register now at: www.columbuscatholicwomen.com. Come ready to rest, refresh and renew with the Lord and with sisters in Christ from around the diocese and beyond. You don't want to miss this uplifting, annual event for women to grow in faith, hope and love.



2023 Catholic

MEN'S CONFERENCE

Saturday, February 25 | 8:00am - 3:00pm

Kasich Hall, Ohio EXPO Center

The 26th Annual Catholic Men's Conference returns to Kasich Hall at the Ohio Expo Center on Saturday, February 25, 2023.

Join us as we hear amazing speakers, celebrate brotherhood, and further our journey toward sainthood!

The day-long event will feature Adoration, Reconciliation, and Mass with Bishop Earl Fernandes. It includes nationally-known speakers, presentations, Faith organizations, light breakfast fare and lunch!

To register go to: <https://web.cvent.com/event/2993265f-3a99-4a3e-b02d-b689c7980840/websitePage:f5f1940b-980e-4398-96f6-3b681ef5e4a3?RefId=2023CMC>.

Regular Registration \$40

Student Registration \$25



Prayer for Pope (Emeritus) Benedict XVI

O God, immortal Shepherd of Souls,
look on Your people's prayers
and grant that Your servant Pope Emeritus
Benedict XVI,
who presided over Your Church in charity,
may, with the flock entrusted to his care,
receive from Your mercy
the reward of a faithful steward.
Through Christ our Lord.



source: <https://svsc.info/2023/01/06/pope-emeritus-benedict-xvi/>

Columbus Catholic Renewal

Women's
Conference
Feb. 18th

Upcoming Events

Men's
Conference
Feb. 25th

Equipping Day

Our Lady of Miraculous Medal, Columbus

January 21

9:00 am- Noon

City Wide Praise Adoration

Our Lady of the Miraculous Medal, Columbus 9:00 am - Noon

February 4

Mass, Speaker Bryan O'Donnell on Joy, Adoration, Confession

Joy of Holiness/Joy of the Spirit

March 18

Speaker: Sr. Marie Fidelis, DLJC from the Ark and the Dove
Time and Place TBD If you would like to host at your church,
Please call Patrick at 614-886-8266

City Wide Praise Adoration

Our Lady of Miraculous Medal, Columbus

April 29

9:00 am - Noon

Speaker: Jen Whitsett

Pentecost Mass with the Bishop

Our Lady of Perpetual Help, Grove City

May 28

City Wide Praise Adoration

Our Lady of the Miraculous Medal, Columbus 9:00 am- Noon

July 22

Healing Mass

St John Neumann, Sunbury

September 13

City Wide Praise Adoration

Our Lady of the Miraculous Medal, Columbus 9:00 am- Noon

November 18

Come see us at the Men's and Women's Conference Booths



Scan the QR Code above below with your phone
camera, then tap to open link for [Online Donation](#).

Look for it in our weekly bulletin!

A MEDITATION FOR ASH WEDNESDAY

"A man who governs his passions is
master of his world. We must either
command them or be enslaved by
them. It is better to be a hammer than
an anvil." — St. Dominic

"Each of us must come to the evening
of life. Each of us must enter on
eternity.

Each of us must come to that quiet,
awful time, when we will appear
before the Lord of the vineyard, and
answer for the deeds done in the body,
whether they be good or bad. That,
my dear brethren, you will have to
undergo. ... It will be the dread
moment of expectation when your fate
for eternity is in the balance, and
when you are about to be sent forth as
the companion of either saints or
devils, without possibility of change.

There can be no change; there can be
no reversal. As that judgment decides
it, so it will be for ever and ever. Such
is the particular judgment. ... when we
find ourselves by ourselves, one by
one, in His Presence, and have
brought before us most vividly all the
thoughts, words, and deeds of this past
life. Who will be able to bear the sight
of himself? And yet we shall be
obliged steadily to confront ourselves
and to see ourselves. In this life we
shrink from knowing our real selves.
We do not like to know how sinful we
are. We love those who prophecy
smooth things to us, and we are angry
with those who tell us of our faults.
But on that day, not one fault only, but
all the secret, as well as evident,
defects of our character will be clearly
brought out. We shall see what we
feared to see here, and much more.
And then, when the full sight of
ourselves comes to us, who will not
wish that he had known more of
himself here, rather than leaving it for
the inevitable day to reveal it all to
Him!"

— Blessed John Henry Newman

READ THE BIBLE IN A YEAR



For 2023 from Ascension Press Fr. Mike Schmitz is again reading the Bible daily in an organized program to cover the major stories of the Bible in 365 days. The program each day takes only 30 minutes or less. He follows the Jeff Cavins' 'Bible Timeline' so there is logical progression through the Bible stories but also includes readings from the supplemental books to help us see the deeper connections of the writings.

Go to: <https://ascensionpress.com/> to sign up or search on YouTube, the Bible in a Year Fr. Mike Schmitz

You can enter these readings at any time and it is easy to make up past sessions!



Beginning January 1, 2023 Fr. Mike Schmitz is now reading the **Catechism In A Year!**

This is the same format as the Bible In A Year: reading of selected verses and then explanation and discussion.

The first two podcasts are on the Prologue of the Catechism. The third podcast is longer and is a general overview with Jeff Cavins filling in lots of information about the catechism that is very interesting.

You will find the podcasts on YouTube or you can subscribe at <https://ascensionpress.com/>

St . Teresa's Prayer!

Sister Mary Riley, O.P. at the Dominican Learning Center gave this little prayer to me a couple of weeks ago:



Today, may there be peace within you.

May you trust that you are exactly where you are meant to be.

May you remember the infinite possibilities born of faith.

May you use the gifts you have received and pass on the love given to you.

May you be content knowing you are a child of God.

Let this presence settle into your bones, and allow your soul the freedom to sing, dance, praise, and love. Amen

It is there for each and every one of us.



Rea Okerberg



Sarah Hart Concert

Tuesday Evening, February 14, 2023 at 7:00^{PM}

Join award-winning composer and musician Sarah Hart

for a night of music and storytelling at

**St. Mark Catholic Church, 324 Gay Street,
Lancaster, Ohio 43130**

Admission \$10.00

Go to: <https://giving.parishsoft.com/App/Form/26660c22-fdb8-4c4c-b8e8-e1e46b2439dd>

to register.

submitted by Tom Crosby



Lessons & Carols

On Saturday, December 17th at 2:30^{pm} our 2023 program of Lessons & Carols began. This program featured readings announcing the coming of the Christ from both the Old and New Testaments

with music selections to reinforce the readings! A reception followed prior to the 4:00^{pm} Mass.



CHRISTMAS DECORATING 2023

A big thanks to the Esparza family for setting up the Christmas trees on December 17th. What blessed help they were. Thanks to Myriam and Marianne for helping to fluff the trees. God smiled on us with the French choir providing beautiful song and music while we worked. Blessings on all who helped.



Rest of hardscape:

A big thanks for all who were able to stay after Bible Study on Sunday the 18th or who came back to help. The stained glass colors are really coming out in the photos. The yellows looking like rays of light going to Heaven. I didn't see any sunlight that day so it must have been

God's beaming light shining through. Thanks to Dan Hueckel and all the helpers: Tony, Sandy, Carol, Tom, Patrick, Cheryl, Sarah, Naomi, Bella and Ginnie! And for those who wished that they could have helped. Blessings of the season and joy.

Our Altar decorations completed!





Thursday, December 22nd the forecast for coming winter weather on Friday and Christmas Eve was dire! All decorating plans had to be moved up! Could people help after such short change of notice? Thank goodness - Yes!

Mary Fenneken and her grandsons, Alex & Aidan, appeared after seeing my car in the parking lot. (A perk of having driven the same car for 25 years; people know my car!) They jumped in to help Cheryl and me unsleeve all of the plants. Fr.

Coleman surprised us with delicious pizza. Our boxes of wise men and the Holy Family came out with Baby Jesus waiting to appear. Cheryl, Caroline, Eileen, Martina, Tom, Ginnie, Erin along with Naomi, Bella, Gracie & Henry all appeared. Some of the volunteers stayed in the back to help with the luminaries. The rest moved to help me in the church. Dan Hueckel arrived after being stuck in traffic; he was among the many trying to get home or to a store for supplies to cope with the approaching inclement weather.

Everyone lent helping hands. Quickly the Christmas figures and flowers were in place. Our Altar was transformed into a tribute for the birth of Baby Jesus. Blessings from above upon all who helped and those who wanted to help. And for those who prayed for a successful Altar transformation.

Blessings,  *Mary Bishel* 

A New Year's Reflection

by Rea Okerberg

Years ago, I heard that the way you spend time ringing in the New Year is what sets the overall "tone" for the year to come. This past New Year's Eve, I spent the evening relaxing here at home and just overall enjoying being fortunate to enjoy the fact we've each got a new journal to write more of our stories upon 365 new pages, 12 new chapters to share memories to be passed down for generations. That being said, I have a challenge for you this year. Let's try to stomp out the fires of hate with abundant rivers of love and kindness: even towards Bob from accounting; he's in need of kindness, too, y'know.

As we navigate the unknown territory of 2023, this is my hope for all of us:

May we find the strength in the tough moments and loving arms embracing us hard where the broken pieces fuse back together, carrying us when we're too weak to stand on our own! Being that beacon of Christ's light for us when we're struggling in the darkness. Don't be ashamed to reach out. You may be surprised that someone's reaching for you to share Christ's light with them!

May we know abundance when we're walking through the barren desert, warmth where it's cold, cool mindsets when tempers flare, knowledge and patience where ignorance seems apparent, truth to carry us through the questions, and overall an excitement to embrace each new day and challenge that we encounter.

Generosity has many, many faces and should not be limited to dollar signs, but love extended to someone needing a friend makes all the difference. It's easy to cough up money; it's harder to stop and acknowledge someone, face-to-face. It takes so little effort to offer a kind gesture to someone in need – whether it's your compassionate ear, a word of encouragement, even offering a snack to a homeless person while you're out on a snack run. Even if the encounter is brief, a kind word might be all they need to help them feel encouraged enough to keep going. It could even be something as small as offering an overtired parent a break from the kids for a couple hours so they can have a chance to catch their breath, maybe just having coffee and grown-up conversation for a little while.

Trust me, kindness CAN be viral, CAN push back the hatred! Even if someone you know might be dealing with a difficult time, just the gift of your listening ear and warmth of your embrace reaches where words fall short.

Hold each other close. Love without reservation. Let the songs of our hearts harmonize together. That's the truest, purest thing we can do for each other! Little things like this, they make ALL the difference, I promise. The little things do accumulate, and pretty soon, the kindness spreads. It doesn't take nearly the effort you may think it does.

Happy new year, everyone!

STRIKING OF THE BREAST

Striking of the breast as a liturgical act [in the Latin Mass] is prescribed in the Holy Sacrifice of the Mass during the Confiteor at the phrase "Through my fault" (three times), at the Nobis Quoque Peccatoribus: *Vouchsafe to grant the same to us, poor and miserable sinners;.....*(once), at the Agnus Dei (three times), and at the Domine, Non Sum Dignus (three times) [Lord, I am not worthy]. With bowed head, except at the Nobis Quoque Peccatoribus, moderately and without noise, the celebrant strikes his breast with the right hand, the fingers being held closely together and curved or fully extended, as the rubrics are silent on this point; after the consecration, however, with the last three fingers only, since the thumb and index finger, which are joined, must not come in contact with the chasuble. At the Agnus Dei in Requiem Masses the striking of the breast is omitted, to show that the celebrant is thinking of the departed more than of himself. The faithful are accustomed to this practice as well as the priest.



The early Christians were familiar with the practice, as St. Augustine and St. Jerome testify. "No sooner have you heard the word 'Confiteor'", says the former, "than you strike your breast. What does this mean except that you wish to bring to light what is concealed in the breast, and by this act to cleanse your hidden sins?" (Sermo de verbis Domini, 13). We strike our breast", declares St. Jerome, "because the breast is the seat of evil thoughts: we wish to dispel these thoughts, we wish to purify our hearts" (In Ezechiel, c. xviii). A warrant for these statements is found in the Psalmist: A contrite and humbled heart, O God, Thou wilt not despise (Psalm 51:19). The petitioner at the Throne of Mercy would chasten his heart and offer it as a sacrifice to God who healeth the broken of heart and bindeth up their wounds (Ps. cxlvi, 3). The ancient Christians were accustomed to strike the breast when they heard mention made of sensual sins; at the "Forgive us our trespasses" of the Pater Noster; and in detestation of the crime (of blasphemy) of the Jews, at the words of the Gospel, "Thou hast a devil", applied to Christ.

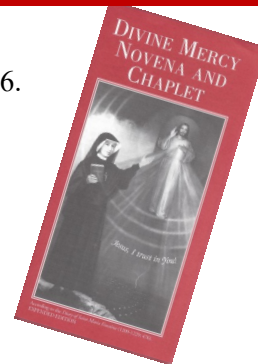
source: <https://www.newadvent.org/cathen/02751a.htm>

54-Day Novena of the Divine Mercy Chaplet, 2023

Starting Tuesday, February 21 and ending Saturday, April 15. Divine Mercy Sunday is April 16.

Intentions of this Novena plus any you would like to add:

- For this United States of America and Our Holy Mother the Church;
- For the truth to prevail, flaws be mended and corruption exposed;
- For sinners to acknowledge sin, repent, convert, and atone;
- For God's will to be done and His justice be served. Amen



The following dates show the corresponding Divine Mercy Novena Prayer for that day:

	1 st Chaplet	2 nd Chaplet	3 rd Chaplet	4 th Chaplet	5 th Chaplet	6 th Chaplet
1 st Day	Feb 21	March 2	March 11	March 20	March 29	April 7
2 nd Day	Feb 22	March 3	March 12	March 21	March 30	April 8
3 rd Day	Feb 23	March 4	March 13	March 22	March 31	April 9
4 th Day	Feb 24	March 5	March 14	March 23	April 1	April 10
5 th Day	Feb 25	March 6	March 15	March 24	April 2	April 11
6 th Day	Feb 26	March 7	March 16	March 25	April 3	April 12
7 th Day	Feb 27	March 8	March 17	March 26	April 4	April 13
8 th Day	Feb 28	March 9	March 18	March 27	April 5	April 14
9 th Day	March 1	March 10	March 19	March 28	April 6	April 15

There continues to be so much need of prayer. What a better time to pray than during the Lenten Season. While our focus is on Jesus: for what He did for us, and what He continues to do. This Divine Mercy Novena is 54 days. It will consist of 3 Novenas in Petition and 3 in Thanksgiving.

Divine Mercy Pamphlets will be available in the lobbies if you need one. The awesomeness of the Divine Mercy Novena is that each day of the 9 days there are specific prayers for Jesus' intentions. Intentions which He gave to St. Faustina for this Novena. The blessings you may receive from praying this Novena are out of this world.

Ask a family member or friend to join you. Remember that where two or more are gathered together in

agreement, Jesus is there praying with you. In my own prayers I ask those who have died in my family and those other deceased for whom I pray to join me in this prayer. You can have a whole army of souls praying with you! If you miss a day or two, simply make it up the next day.

If a 54-day Novena seems unmanageable, please pray what you are able to do. Each Divine Mercy Chaplet takes about 10 minutes. Singing the Divine Mercy Chaplet about 20 minutes, remember as Fr Coleman tells us, singing is like praying twice.

May God bless all who join in praying this Novena, whether it be one day or 54 days. May God Bless you all!!
Mary Bishel

Prayer at the Nobis Quoque Peccatoribus

Vouchsafe to grant the same to us, poor and miserable sinners; judge us not according to our demerits; but through the infinite multitude of Thy mercies, in which we hope, liberally extended to us Thy grace and pardon. We ask it of Thee, in the Name of Thy dear Son, who liveth and reigneth eternally with Thee, and in that form of prayer which He Himself hath taught us. Amen.

The Nobis Quoque Peccatoribus Mass Prayer is one we can pray silently just before we pray the Our Father. Nobis Quoque Peccatoribus is in Latin. In English, it means "and to us sinners." We acknowledge to God that we are sinners and ask Him, through the merits of His Son Jesus Christ, to have mercy on us. In this prayer, we throw ourselves on the mercy of our loving and just God.

source: <https://blessedcatholicmom.com/nobis-quoque-peccatoribus-prayer/>

Prayer Line Tidbits

The purpose of the prayer line is to strengthen the community through intercessory prayer and provide prayer support, comfort and hope to those in need. No request is too big or too small. The prayer line has a new email address! Please send an email with your request to smtrammer@gmail.com. Questions? Please call Sandy Trammer at 614-570-4196. May God bless you and your family!

Ven. Anne Catherine Emmerich

An Augustinian nun, stigmatic, and ecstatic,
Born 8 September, 1774, at Flamsche, in the Diocese of Münster, Westphalia, Germany;
Died at Dulmen, 9 February, 1824.



Her parents, both peasants, were very poor and pious. At twelve she was bound out to a farmer, and later was a seamstress for several years. Very delicate all the time, she was sent to study music, but finding the organist's family very poor she gave them the little she had saved to enter a convent, and actually waited on them as a servant for several years. Moreover, she was at times so pressed for something to eat that her mother brought her bread at intervals, parts of which went to her master's family. In her twenty-eighth year (1802) she entered the Augustinian convent at Agnetenberg, Dulmen. Here she was content to be regarded as the lowest in the house. Her zeal, however, disturbed the tepid sisters, who were puzzled and annoyed at her strange powers and her weak health, and notwithstanding her ecstasies in church, cell, or at work, treated her with some antipathy. Despite her excessive frailty, she discharged her duties cheerfully and faithfully. When Jerome Bonaparte closed the convent in 1812 she was compelled to find refuge in a poor widow's house. In 1813 she became bedridden. She foresaw the downfall of Napoleon twelve years in advance, and counseled in a mysterious way the successor of St. Peter. Even in her childhood the supernatural was so ordinary to her that in her innocent ignorance she thought all other children enjoyed the same favors that she did, i.e. to converse familiarly with the Child Jesus, etc. She displayed a marvelous knowledge when the sick and poor came to the "bright little sister" seeking aid; she knew their diseases and prescribed remedies that did not fail. By nature she was quick and lively and easily moved to great sympathy by the sight of the sufferings of others. This feeling passed into her spiritual being with the result that she prayed and suffered much for the souls of Purgatory whom she often saw, and for the salvation of sinners whose miseries were known to her even when far away. Soon after she was confined to bed (1813) the stigmata came externally, even to the marks of the thorns. All this she unsuccessfully tried to conceal as she had concealed the crosses impressed upon her breast.

Then followed what she dreaded on account of its publicity, an episcopal commission to inquire into her life, and the reality of these wonderful signs. The examination was very strict, as the utmost care was necessary to furnish no pretext for ridicule and insult on the part of the enemies of the Church. The vicar-general, the famous Overberg, and three physicians conducted the investigation with scrupulous care and became convinced of the sanctity of the "pious Beguine", as she was called, and the genuineness of the stigmata. At the end of 1818 God granted her earnest prayer to be relieved of the stigmata, and the wounds in her hands and feet closed, but the others remained, and on Good Friday were all wont to reopen. In 1819 the government sent a committee of investigation which discharged its commission most brutally. Sick unto death as she was, she was forcibly removed to a large room in another house and kept under the strictest surveillance day and night for three weeks, away from all her friends except her confessor. She was insulted, threatened, and even flattered, but in vain. The commission departed without finding anything suspicious, and remained silent until its president, taunted about his reticence, declared that there was fraud, to which the obvious reply was: In what respect? and why delay in publishing it? About this time Klemens Brentano, the

famous poet, was induced to visit her; to his great amazement she recognized him, and told him he had been pointed out to her as the man who was to enable her to fulfil God's command, namely, to write down for the good of innumerable souls the revelations made to her. He took down briefly in writing the main points, and, as she spoke the Westphalian dialect, he immediately rewrote them in ordinary German. He would read what he wrote to her, and change and efface until she gave her complete approval. Like so many others, he was won by her evident purity, her exceeding humility and patience under sufferings indescribable.

In 1833 appeared the first-fruits of Brentano's toil, "The Dolorous Passion of Our Lord Jesus Christ according to the Meditations of Anne Catherine Emmerich" (Sulzbach). Brentano prepared for publication "The Life of The Blessed Virgin Mary", but this appeared at Munich only in 1852. From the manuscript of Brentano Father Schmoeger published in three volumes "The Life of Our Lord" (Ratisbon, 1858-80), and in 1881 a large illustrated edition of the same. The latter also wrote her life in two volumes (Freiburg, 867-70, new edition, 1884). Her visions go into details, often slight, which give them a vividness that strongly holds the reader's interest as one graphic scene follows another in rapid succession as if visible to the physical eye. Other mystics are more concerned with ideas, she with events; others stop to meditate aloud and to guide the reader's thoughts, she lets the facts speak for themselves with the simplicity, brevity, and security of a Gospel narrative. Her treatment of that difficult subject, the twofold nature of Christ, is admirable. His humanity stands out clear and distinct, but through it shines always a gleam of the Divine. The rapid and silent spread of her works through Germany, France, Italy, and elsewhere speaks well for their merit. Strangely enough they produced no controversy. Dom Guéranger extolls their merits in the highest terms (Le Monde, 15 April, 1860).

Sister Emmerich lived during one of the saddest and least glorious periods of the Church's history, when revolution triumphed, impiety flourished, and several of the fairest provinces of its domain were overrun by infidels and cast into such ruinous condition that the Faith seemed about to be completely extinguished. Her mission in part seems to have been by her prayers and sufferings to aid in restoring Church discipline, especially in Westphalia, and at the same time to strengthen at least the little ones of the flock in their belief. Besides all this she saved many souls and recalled to the Christian world that the supernatural is around about it to a degree sometimes forgotten. A rumor that her body was stolen was the reason her grave was opened six weeks after her death. The body was found fresh, without any sign of corruption. In 1892 the process of her beatification was introduced by the Bishop of Münster.

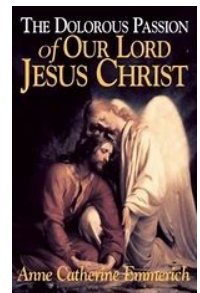
Sources: <https://www.newadvent.org/cathen/05406b.htm>

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2023 LENTEN FISH FRIES

The Council will have four Lenten Fish Fries from 6:00pm to 7:30pm (after Stations of the Cross) on the following Fridays:

- March 3rd,
- March 10th,

Please note, NO FISH FRY ON MARCH 17TH!

- March 24th, and
- March 31st.

Each meal will consist of freshly fried fish, choice of hot fries or mac-n-cheese, and green beans.

The price will be \$10.00 per meal. Cash, checks, or credit card payments will be accepted.

Dinners will be served in take-out containers, which can be taken home or eaten in the comfort of Don Ross Hall.

There will be no option for drive up delivery service this year.

Tables will be set up in Don Ross Hall to make it possible for customers to dine in. Condiments and beverages will be provided.

DESSERTS FOR LENTEN FISH FRIES

In an attempt to reestablish an old tradition, the membership of Council 11188 is asking chefs, bakers, and pastry makers to make and donate fresh desserts to be served at each Lenten Fish Fry. Store bought treats will also be accepted.



I travel slowly, one step at a time, because I am carrying two big suitcases. One of them contains my sins, and in the other, which is much heavier, are the infinite merits of Jesus. When I reach heaven I will open the suitcases and say to God: 'Eternal Father, now you can judge.' And to St. Peter: 'Close the door, because I'm staying.'
St. Josephine Bakhita
facebook.com/CatholicGag



MOTHER'S DAY FLOWER SALES

- GERANIUMS AND OTHER OPTIONS:

The two Sundays following Easter Sunday, April 16th and April 23rd, the Knights plan to take orders for Mother's Day flowers after the 10:00am Masses. More details on the types of flowers and prices will be provided in the April COOL News. Flower orders will be available for pickup on Friday, May 5th, just in time for Mother's Day.

St. Valentine's Day

Love bears all things, believes all things, endures all things.

Love never fails

1 CORINTHIANS 13:7-8

Tuesday, February 14, 2023

KofC SUPERBOWL MEATBALL SUBS ARE BACK!

KNIGHTS OF COLUMBUS, COUNCIL #11188



JUST IN TIME FOR THE SUPER BOWL LVII

Super Bowl LVII - February 12, 2023.

Members of the Council will be selling their delicious meatball subs, with cheese and marinara sauce, for \$5.00 per sandwich, just in time for Super Bowl LVII.

Orders will be taken after Sunday Masses on January 28th and 29th and February 4th and 5th.

Payments must be made when orders are placed. Cash and checks are accepted. Credit card transactions will be available on February 5th, only.

Proceeds from both of these fundraisers support the charitable activities of the Knights of Columbus.

CALL FOR VOLUNTEERS!

Due to declining membership, Knight of Columbus, Council #11188, is asking men, 18 years or older, to consider joining the Knights.



Being a member the KofC offers fellowship with other Catholic gentlemen, a means to serve the Church and the parish, along with numerous other opportunities and possibilities geared towards religion and patriotism. Ask any Knight, or go [to kofc.org](http://to.kofc.org) and click on "JOIN", to sign up electronically.

We could certainly use the help with the upcoming events listed above. But, one does not have to be a Knight to assist the Knights. Men, women, and children are all welcome to help us out, especially with the Fish Fries.

Questions on any of the above: Call or text Mike Jacobs at 614-271-6722.

CHURCH OF OUR LADY

Men of the Medal

Saturday

February 11, 2023

9:00 am - 11:00 am

Continental Breakfast

Fellowship with

like minded men of faith!

Fr. Coleman's Calendar